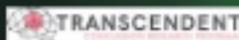




EARL OF MARCH SCHOOL
COUNCIL PRESENTS

UPDATES ON RETURNING TO SCHOOL & ACTIVITIES AFTER CONCUSSION

by Dr. Jennifer Dawson &
Tara Leach



Wednesday, March 26, 2025

7-8PM

Earl of March Auditorium

Free event. Tickets available at: https://bit.ly/Dawson_Leach

Updates on Returning to School & Activities After Concussion Presented by Dr. Jennifer Dawson & Tara Leach

Concussions happen suddenly and need to be taken seriously. Fortunately, recovery no longer means isolating in a dark room. New research has updated pediatric concussion guidelines, promoting a more active recovery. Students diagnosed with a concussion by their doctor (MD) or nurse practitioner (NP) can now return to low-risk activities like school without a medical note, supporting learning during recovery. Anyone who experiences a hit to the head, face, or body and has any concussion symptoms should stop their activity and see an NP or MD for a medical assessment before resuming activities.

Join Tara Leach, PHC-NP, Community Nurse Practitioner, and Dr. Jennifer Dawson, PhD, from CHEO, as they share the latest evidence-based strategies to help teachers, coaches, parents, and students recognize concussions, support recovery, and ensure a safe return to learning and activity. Don't miss this seminar to discover how updated guidelines are improving care and where to find helpful resources.

Free event

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